ABSTRACT OF THE DISCLOSURE

A tubular handling device. The device includes a plurality of slips, and wherein the slips have an arcuate inner face that has a longitudinally disposed slot and a ledge therein. The device further comprises an insert having a shoulder that is configured to fit within the ledge, and wherein the insert is capable of transferring a load from the shoulder to the ledge. In one preferred embodiment, the outer portion of the slips have a taper of greater than 11 degrees and a complementary bowl insert is provided that has a matching taper. A method of handling tubular members on a drilling rig is also disclosed.